

# Know What to Do in Case of Emergency

[www.redcross.org/prepare/location/home-family](http://www.redcross.org/prepare/location/home-family)

## **The American Red Cross suggests some basic steps to remain safe:**

- Meet with your family or household members.
- Discuss how to prepare and respond to emergencies.
- Identify responsibilities for each member of your household; work as a team.

## **Plan what to do in case you are separated during an emergency**

- Choose two places to meet:
  - Right outside your home in case of a sudden emergency, such as a fire
  - Outside your home/neighborhood, if you can't return home or must evacuate
- Choose an out-of-area emergency contact person. It may be easier to text or call long distance if local phone lines are overloaded or out of service. Everyone should have emergency contact info in phone and memorized.

## **Plan what to do if you have to evacuate**

- Decide where you would go and what route you would take. Hotel/motel, stay with friends or relatives, or go to an evacuation shelter if necessary.
- Practice evacuating your home twice a year, with alternate routes.
- Plan ahead for your pets, ie pet-friendly hotels/shelters along route.

## **Let Your Family Know You're Safe**

If your community has experienced a disaster, register on the American Red Cross Safe and Well website to let your family and friends know you are safe.

## **Build/Buy a Survival Kit**

### **At a minimum, have the basic supplies listed below:**

- Water: one gallon per person, per day (3d for evacuation, 2wk for home)
- Food: non-perishable, easy-to-prepare items (same as above), can opener
- Flashlight [**Available on the Red Cross Store**], extra batteries
- Battery-powered or hand-crank radio [**Available on the Red Cross Store**]
- First aid kit [**Available on the Red Cross Store**]

- Medications (7-day supply) and medical items
- Multi-purpose tool
- Sanitation and personal hygiene items
- Copies of personal documents (meds and medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Cell phone with chargers
- Family and emergency contact information
- Extra cash
- Emergency blanket [**Available on the Red Cross Store**]
- Map(s) of the area

**Consider the needs of all family members and add supplies to your kit.**

**Suggested items to help meet additional needs are:**

- Medical supplies (hearing aids, glasses, contact lenses, etc)
- Baby supplies (bottles, formula, baby food, diapers)
- Games and activities for children
- Pet supplies (collar, leash, ID, food, carrier, bowl)
- Two-way radios
- Extra set of car keys and house keys

**Additional supplies to keep at home or in your survival kit based on the types of disasters common to your area:**

- |                         |   |
|-------------------------|---|
| • Whistle               | • Scissors                              |
| • N95 or surgical masks | • Household liquid bleach               |
| • Matches               | • Entertainment items                   |
| • Rain gear             | • Blankets or sleeping bags             |
| • Towels                | • Extra clothing, hat and sturdy shoes  |
| • Work gloves           | • Tools/supplies for securing your home |
| • Plastic sheeting      |   |
| • Duct tape             |   |